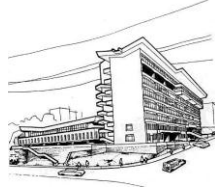


Beacon Hill School

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Hong Kong
Tel: (852) 2336 5221
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John Brewster
Principal

E-Mail: bhs@bhs.edu.hk
www.beaconhill.edu.hk

Group Triple P Programme

Beacon Hill School staff will be offering a programme for parents (and domestic helpers) called The 'Group Triple P' or the 'Positive Parenting Programme'. The programme will be led by Mrs. Judge, Mrs. Dale, Mr. Pheasant and Mr. Harrison who have been extensively trained and are Accredited Group Triple P providers, certified by the University of Queensland.

Triple P is a preventively oriented programme which aims to promote positive, caring relationships between parents and their children, and to help parents develop effective management strategies for dealing with a variety of childhood behavioural problems and developmental issues.

Group Triple P has evolved from a programme of clinical research. The parent training methods employed have been shown to be effective in reducing children's disruptive behaviour. This particular programme (Level 4) is designed to provide support and strategies for parents who feel their child has fairly severe behavioural difficulties, such as multiple child behaviour problems, aggressive behaviour, oppositional defiant disorder and conduct disorder.

As many families in Hong Kong employ domestic helpers we will be offering shorter parallel sessions to them during the school day to ensure that there will be consistency of understanding and of approaches used by parents and domestic helpers. **It is a requirement that, if a family employs a domestic helper who takes on the role of care-giver to the family's children, then the domestic helper must attend all of these sessions.**

The programme consists of **5 weekly group meetings beginning on Wednesday 1st February 2012** (and for the following 4 Wednesdays) at 6:30pm, lasting for approximately 1 ½ hours each. There will also be follow-up phone conversations.

The course is open to a maximum of 8 families. The course requires commitment, partnership, your time and your full participation to achieve its aim.

Please do not apply for the course if you cannot attend ALL meetings.

Please return the attached form via fax, email or by hand if you would like to be considered for the programme. (All information collected will be kept in strictest confidence).

We will contact those families who are offered a place by January 13th. These parents will receive a Family Background Questionnaire and an Assessment Booklet before the commencement of Session 1.

Kind regards,
James Harrison
Vice Principal

Group Triple P Programme 2012

Parent (s) name(s) _____

Domestic Helper's Name _____

Information on your family's current situation:

Child's name _____ Date of Birth _____ Class _____

Primary concerns about your child's behaviour:

Does s/he have any disability or developmental delay?

Does s/he currently have regular contact with another professional for emotional or behavioural problems? _____

Does either parent have regular contact with a professional for personal help? _____

Who is primarily responsible for the child's care? _____

Please return to Mr Harrison by one of the following methods:

- email – james.harrison@bhs.edu.hk
- fax – 2338 7895
- by hand in a sealed envelope